



Pretty

Girl Problems

**8 THINGS PRETTY
GIRLS DO
DIFFERENTLY**

8 Things Pretty Girls Do Differently

1. Express Gratitude

When you are grateful for what you have it becomes all you need. The quickest route between where you are and where you want to be, is gratitude.

2. Run Their Own Race

The only person you should be in competition with is the person you were yesterday. Identify your goals and work diligently towards achieving them.

3. Practice Positive Thinking

Words are things. You are what you say you are and you create what you speak. If a person speaks positivity into all situations, including difficult ones, they will create positive outcomes and develop positive coping mechanisms.

4. Practice Acts of Kindness

Selflessly helping others is a magically powerful way to feel good inside.

5. Display Good Character

Good character is the consistent action of making the best choices for yourself and others when you are required to and especially when you are not.

6. Commit To Their Goals

Amazing things begin to happen when we commit ourselves to doing whatever it takes to achieve something.

7. Take Care Of Their Bodies

Taking care of your body is crucial to maintaining a balanced life full of mental and physical wellness.

8. Take Care Of Their Minds

Protect your mind and your thoughts at all costs. Your thoughts are the blueprint for your entire life; craft it carefully.

